

## SNACK LIST

### In compliance with the Wellness Policy

#### Fruits and Vegetables

All types of fresh fruits and vegetables  
\*May be served with low-fat dip / peanut butter\*  
Canned fruit in natural juices  
Lite fruit cups  
Natural or unsweetened applesauce  
Mott's Healthy Harvest applesauce  
Fruit or Veggie Kabobs  
Raisins

#### Crackers

Animal crackers  
Gripz nacho cheese snacks  
Goldfish crackers  
Cheez-its  
Cheese Nips Original  
Cheese Nips Chips  
Cheese Nips Nacho Chips  
Graham crackers  
Soda Crackers (Saltines or any type)  
Wheat Thins – all types  
Triscuits – all types  
Sociables Original  
Better Cheddars  
Chicken in a Biskit Original  
Vegetable Thins  
Kid Sense Teddy Grahams Cubs Cinnamon  
Kid Sense Cheese Nips  
Kid Sense Ritz Bits Smilin'  
Teddy Grahams  
Mixers Cheddar  
Mixers Traditional  
Ritz Crackers  
Ritz Bits  
Ritz Chips

#### Cereals

##### **Post Cereal**

Honey Bunches of Oats Honey Roasted  
Honey Bunches of Oats with Almonds  
Honey Bunches of Oats Strawberry  
Honey Bunches of Oats Peaches  
Honey Bunches of Oats Banana  
Raisin Bran  
Shredded Wheat  
Shredded Wheat Spoon Size  
Banana Nut Crunch  
Blueberry Morning

#### Cereals Continued

##### **General Mills**

Basic 4  
Cheerios  
Chex Corn  
Chex Rice  
Country Corn Flakes  
Kix  
Multi Grain Cheerios  
Total Raisin Bran

##### **Kelloggs**

Cran Vanilla Crunch  
Cracklin' Oat Bran  
Crispix  
Fruit Harvest Banana Berry  
Fruit Harvest Peach Strawberry  
Fruit Harvest Strawberry Blueberry  
Corn Flakes with Real Bananas  
Raisin Bran  
Raisin Bran Crunch  
Smart Start Antioxidants  
Smart Start Healthy Heart  
Smart Start Healthy Heart Maple / Brown Sugar  
Special K  
Special K Fruit and Yogurt  
Special K Low Carb Lifestyle Protein Plus  
Toasted Honey Crunch

#### Snack/Breakfast Bars

All Bran Bars Brown Sugar Cinnamon  
All Bran Bars Honey Oats  
All Bran Bars Oatmeal Raisin  
Nutri-Grain Muffin Bars Banana  
Honey Maid Soft Baked Oatmeal Raisin  
Fig Newtons  
Honey Bunches of Oats Cereal Bars  
Full Circle Fruit 'n Cereal Bars